

AROUND THE VILLAGE DECEMBER 2019

**Members & Volunteers, Please join us for
NEXT'S Annual Holiday Lunch**

Friday, December 13th, 11:30-2pm

Joe DiMaggio Clubhouse – 651 Lombard Street.

Join us for our annual Soup & Salad Holiday Lunch. Let's come together to break bread and delicious soup from [The San Francisco Soup Company](#), plus side salads and sweets.



Hosted again by our friends at [AMSI](#) (Bringing creativity to Real Estate, and love and support to NEXT Village SF!). Look to AMSI for Corporate and flexible lease term furnished rentals, Unfurnished long-term rentals, Relocation, Real

estate sales, and Property management.

AND...

Featuring Jenna Pascual, Certified Laughter Yoga Leader. Jenna will get us all ha-ha'ing, chuckling, guffawing, snorting, and laughing.



We'll have a holiday project, games, music, and merriment. Join us and help us make the season bright!

RSVP 415-888-2868 or

<https://nextsf.helpfulvillage.com/events/1114-holiday-lunch>

NEXTVillageSF

At home, right where you are.

Monthly Events Around the Village

Join us for these fun monthly activities!

COFFEE KLATCH -

We are pausing Coffee Klatch for December

BOCCE BALL – Anyone can join-No experience required. Wednesdays, 3pm

Joe DiMaggio Bocce Ball Courts, 651 Lombard Street.

DRINK AND DRAW -

Friday, December 6th 1-2:45pm

North Beach Library, 850 Columbus Avenue.

WRITING WORKSHOP w/Jackie Joyous

Monday December 9, 1-2:45 pm

North Beach Library, 850 Columbus Avenue.

HAPPY HOUR –

Monday, December 9th, 4-6 pm

McCormick and Kuletto's 900 North Point
Moving to second Mondays starting Dec. 9

LUNCH WITH THE BUNCH –

Wednesday, December 11th, 11:30am-1pm

Café Sapore - 790 Lombard St

SID'S SALON! Sid keeps the classic films coming!

The New World, Terrence Malik,

Wednesday, December 11, 6:00pm-9:30pm

Jane Winslow's home. RSVP for details.

DEATH CAFÉ – Come meet Sue Truth, & Share your thoughts!

Tuesday, December 17, 1-2:45pm

North Beach Library, 850 Columbus Avenue
Free-form conversation about end of life.

READING CIRCLE- Calling all readers!

Books, Magazines, Journals

Wednesday, December 18, 4-5pm

Fior D'Italia, in the San Remo Hotel, 2237 Mason

TECHNOLOGY TEACH-IN – with Harrison

Friday, December 20, 1-2:30pm

North Beach Library, 850 Columbus Avenue
RSVP required.

SPECIAL EVENTS in December:



Curious about your family history?

Then join NEXT and Head Librarian Richard Lee, for
Genealogy and Family History Research!

Friday, December 20th, 1-3pm, North Beach Library- 850
Columbus

Learn how to conduct genealogical research and find people using
billions of records of U.S. census data, vital records, directories, photos
and records.

Taught by Richard Lee, North Beach Branch Library Manager, and
certified smart person on this subject! Bring your photos of people you

are looking for or wondering about and Richard can help you set the stage for where/when the photo might have
been taken! This is a special presentation for us!

RSVP at <https://nextsf.helpfulvillage.com/events/1155-genealogy-research> or call 415-888-2868



Salesforce Tower tour

Members, we have another chance to see the fabulous views from
the Salesforce Tower.

Thursday, December 12, 11:00-12:00.

415 Mission Street.

Limit: 8.

<https://nextsf.helpfulvillage.com/events/1156-salesforce--tower-tour>
tour or call 415-888-2868



Molly's Minute – The Volunteer Corner

Volunteer message of the month:

"Everyone has an interesting story. When I do tasks for Next Village members, I always get a huge warm thank you. But I also always have a fascinating conversation about the life stories of a diverse set of people. I always find out something that I didn't know before, about San Francisco, about different jobs and professions, or just about someone's path to get here."

- Thanks, Ace volunteer, Peter Schmitz!



ONE HARD THING brought SF Evening Rotary and NEXT members together to deal with the changing times (HAHA..We do it on Daylight Savings).

Thanks once again to the outstanding volunteers at SF Evening Rotary for your help changing lightbulbs, flipping mattresses, lifting heavy items, untangling cords, tech support, and more!

As always, we're looking for drivers and friendly people to walk and visit with members.

Members, please contact Molly if you need something: Molly at (858) 245-5575, 8:30 am-5pm, M-F, or by email at: molly@nextvillagesf.org. P.S. The more advance notice, the better.



ACTIVITIES IN DECEMBER – PLEASE JOIN US.

Drink & Draw



This class is open to anyone at any skill level. led by the lovely and talented Lucia Gonnella.

Friday, December 6, 1-2:45pm

North Beach Library, 850 Columbus Avenue

Bring your watercolor supplies and a favorite photo as we'll try painting portrait at the next class!

RSVP: <https://nextsf.helpfulvillage.com/events/734>



NEXT Village's Monthly Writing Group- featuring JACKIE JOYOUS– Open to everyone!

Monday, December 9th, 1-2:45pm.



North Beach Library, 850 Columbus Avenue

We are an informal, facilitated writing group that meets once a month for the sheer joy of getting to know ourselves and each other.

**Meg is away for three months, and we are thrilled that Jackie Joyous will take the lead!*

RSVP not required: <https://nextsf.helpfulvillage.com/events/1143>



cHEERS! hAPPY hOUR!

Monday, December 9, 4-6pm* Moving to 2nd Mondays starting in Dec.
Everyone is welcome!

McCormick and Kuletto's 900 North Point

RSVP not required: <https://nextsf.helpfulvillage.com/events/778!!!>



LUNCH IS SERVED!

Lunch with the Bunch!– Caffè Sapore

Wednesday, December 11, 11:30-12:30 or so.

790 Lombard St. @ Taylor.

<http://www.caffesapore.com/>

A neighborhood treasure, Caffè Sapore is home-base for NEXT Village meetings and meals. Please join us as we (continue to) support Elias and his staff as they face eviction.

Order and pay at the counter, then join us at the table!



RSVP: <https://nextsf.helpfulvillage.com/events/752>



Sid's Salon - Sid keeps the classic films coming!

The New World — U.S. Terrence Malick Malle 2005, 172 minutes

Wednesday, December 11, 6:00pm. Address given with RSVP.

Sid Says: I first saw this wonder filled Malick film when it came out, then watched it again at home. What most impressed me both times was the film's opening: the arrival of the full-sailed English ships in the small bay where Jamestown was established, watched by Native Americans hiding in the grass, mystified and terrified by the ghostly ships. What followed was both tense with anticipation of violence and amusing as the heavily armored English and the ferociously painted Algonquin touch each other with curiosity and apprehension. Malick holds this scene for what seems like an hour, the tension thick, the emotions intense between these two peoples, strange and unknown to each other. Even more strange for Pocahontas was the world she was introduced to ultimately by John Rolfe (Christian Bale).

Malick brought Native Americans from all over the country to the shooting site, which was as close as possible geographically to the location of the original Jamestown settlement, and had them study the dialect of Algonquin was used by Native Americans on the central east coast. He also built a replica of the original settlement using wood only from the local trees. As a result, and because of Malick's directorial genius, we are transported in time back to the original Jamestown, located in an inlet off Chesapeake Bay.

It is an astonishing recreation of a place from the past. But it is also a poetic depiction of what happens between two peoples (men and women?) who are completely unknown to each other. Through Emmanuel Lubezki's always-moving camera, and characters who say more in narration than they do in dialogue, the film creates a dreamlike meditation on centuries old human emotions—from fear to trust to suspicion to betrayal. And also to love. After a wonderful scene in which Pocahontas (O'orianka Kilcher) and John Smith (Colin Farrell) teach

each other words, Smith draws closer to Pocahontas' people. Malick uses Smith's words spoken directly to us to poetically express his feelings—our feelings?—for the beautiful young woman, certainly, and for much more perhaps. “Love, shall we deny it when it visits us? Shall we not take what we are given? There is only this. All else is unreal.”

As with many of Malick's later works, this film is an experience you must enter, letting it carry you through its scenes of fierce reality and magical poetry.

RSVP: <https://nextsf.helpfulvillage.com/events/764>

Let us know if you need transportation. All are welcome. \$5 for non-members.



COME MEET NEW DEATH CAFÉ FACILITATOR, SUE TRUTH IRWIN

Sue Truth Irwin is a Metaphysical Minister and Transformational Therapist residing in San Francisco.

She has always been spiritually oriented and interested in people living their best lives including both the tragedies and the treasures!

It is important to her to support people to find their serenity including around grief and death issues. Check out her work at:

www.theevoacademy.com

Death Café – Circle of Sharing – Tuesday, December 17th, 1-2:45pm North Beach Library, 850 Columbus Avenue

A unique opportunity to share what's on your mind regarding this often-unspoken subject. It's not morbid, we promise!

Death Café's (<http://deathcafe.com/what/>) have been steadily gaining fans. At Death Cafe people, often strangers, gather to eat cake, drink tea and discuss death. A Death Cafe is a group directed discussion of death with no agenda, objectives or themes.

Note: A Death Café is a discussion group rather than a grief support or counseling session.

<https://nextsf.helpfulvillage.com/events/790>



TALK. LISTEN. SHARE. Men's Conversation Group ~ Women's Conversation Group

Happy Birthday, Alex!

Led by Ace Volunteer, Alex Pellegrini @Aquatic Park - 890 Beach Street

The women's group meets every ***Wednesday from 12:45-1:45pm in Rm. 11**

The men's group meets every ***Wednesday from 2:30-3:30pm in Rm. 13**

RSVP not required.

Thank you, Alex & Leslie for all that you do for this group. We appreciate you!

Technology Teach-in

We are carrying on with Hope's Technology Teach-in's. Featuring Harrison Ravazzolo!

Friday, December 20, 1-2:30pm



Technology Support - phones, i-Pads, tablets, email, etc.

North Beach Library, 850 Columbus Avenue, Downstairs Teen Room. Bring your devices and passwords.

Members only. RSVP required. <https://nextsf.helpfulvillage.com/events/1157>
or 415-888-2868.



Reading Circle – Read what you like and tell us about it!

Wednesday, December 18, 4–5pm, Fior D'Italia. 2237 Mason

RSVP requested but not required: <https://nextsf.helpfulvillage.com/events/802>

or 415-888-2868.



Bocce Ball every Wednesday from 3-5:30 at the North Beach Library courts.

Boules Sauvages, Bocce and Boules – call it what you will - The game anyone can enjoy. Everyone is welcome. No prior skills needed. Led by Rod Freebairn-Smith. Feel free to just show up and join the fun, wine, and light food. No RSVP required. Just drop by!



感恩节快乐

感恩节是美国和加拿大共有的节日，原意是为了感谢上天赐予的好收成。在美国，自 1941 年起，感恩节是在每年 11 月的第四个星期四，并从这一天起将休假两天。像中国的春节一样，在这一天，成千上万的人们不管多忙，都要和自己的家人团聚。加拿大的感恩节则起始于 1879 年，是在每年 10 月第二个星期一，与美国的哥伦布日相同。

感恩节最主要的意义是要告诉我们人性的美好，从任何事上都可以体现出感恩，问候一下你的父母，朋友，帮助需要帮助的人，都是感恩的表现。让我们学会感恩，学会珍惜，学会理解与宽容，最重要的，学会爱。那就是生命真正赋予我们的。

食俗有：南瓜饼红莓苔子果酱、甜山芋、吃烤火鸡、玉蜀黍；

活动有：玉米游戏、玩蔓越桔竞赛、南瓜赛跑；举行化装游行、戏剧表演或体育比赛等集体活动，并有相应的假期 2 天，在远方的人们都会回家与亲人团聚。现在还形成了豁免火鸡、黑色星期五购物等习惯。

而今年的感恩节是 11 月 22 号星期四，希望大家在这一天记得和你想要感恩的人说一声谢谢，感恩他们对你的付出、对你的陪伴，你的一声谢谢，是对他们最大的慰藉。



LGBTQ News:

NEXT Village is looking at starting an LGBTQ Aging-in-Place community group in The Marina/Cow Hollow/Presidio area to increase connectivity, combat isolation, and provide resource support. If you have suggestions for us, please contact Jacqueline at jjones@nextvillagesf.org 415-888-2868



From the Director:

The Commission on Aging Approved add-back funds for NEXT Village SF on NOV. 6TH

Thanks to support from Supervisors Peskin and Stefani, NEXT can now offer (more) social, cultural, educational events plus supportive services in District 3, plus launch regular events in The Marina, Cow Hollow area! We will soon have a formal kick-off with Supervisor Stefani, so please stay tuned. In the meantime, if you have friends in The Marina, Cow Hollow, Presidio area, please let them know about NEXT. Invite them to an event, or join us at an event in their neighborhood to help build familiarity with NEXT!



A **LOVE** Story.

While there is much in the world that makes us feel somewhat hopeless, there's always one thing that makes you want to fight harder for a better world; a baby. Meet my newest grandchild, Evelyn-Lee, born on Halloween night to my oldest daughter and her husband.

While it's true that there are some crazy, seemingly unmanageable challenges out there, we keep building community and friendships in hopes that we can weather the storms arm-in-arm, and leave the world a better place for little ones like Evi-Lee. Villages are the epitome of community, and together we are building something that will be there when Evi-Lee comes of age... older age, but still, age.

That's it for now. I'll see you in December, and Around The Village.

Jacqueline

jjones@nextvillagesf.org * 415-888-2868. * www.nextvillagesf.org

Here are a few photos from Halloween!

Thank you all for supporting our Halloween party! We had a blast!



NEXT'ra: Extra helpful information:

Behold! So many interesting magazines at your fingertips! Magazines ONLINE!

Do you want to be able to read more magazines, but don't want the expensive subscription fees or have piles of magazines laying around? Then check out what the SF Public Library has to offer instead! (You'll need your library card handy when you do this)

On your computer, laptop, I-pad, Kindle Fire, phone...

1. Go to: www.sfpl.org
2. Click **e-Library**
3. Click on **Articles and Databases**
4. Click **Topics** tab and then **Articles & News**
5. Scroll down and click **MasterFile Complete**
6. Enter **your library card number and your PIN number**
7. Click on **Publications** (menu)
8. Enter periodical name in (2nd) search bar
9. When done, click **Browse**
10. Select by year, date & issue (left)
11. To read, click on periodical title.

Questions? Contact North Beach Library at 415-355-5626.

HEARING TIP



NEXT is scheduling another Live & Learn session on hearing and hearing aids. In the meantime, did you know:

A few years ago, researchers at the Johns Hopkins University School of Medicine gave us yet another reason to worry about getting Alzheimer's disease and other dementias: They demonstrated an association between hearing loss and cognitive decline.

Specifically, people with moderate hearing loss were twice as likely to experience cognitive decline as their peers, while those with severe hearing loss [faced five times the risk](#).

But that's not the only problem people with [hearing loss](#) face. Researchers at the University of Colorado at Boulder have confirmed that the [brain's ability to process sound](#) — that is, make sense of it — declines as a person's ability to hear decreases.

“What was surprising is that, while this has been shown in deafness, some of our recent work shows this in early-stage hearing loss,” says researcher Anu Sharma, a professor in the University of Colorado's Department of Speech, Language and Hearing Sciences. (<https://www.nextavenue.org/link-between-hearing-loss-and-dementia/>)

NEXTVillageSF

At home, right where you are.

Post Office Box 330278

San Francisco, CA 9413

Your **December** newsletter is
here!